

FREE
3.0
RN CE
RD CPEU

**INTRODUCING A
CONTINUING EDUCATION WEBINAR
FROM ABBOTT NUTRITION HEALTH INSTITUTE**

**ENHANCED RECOVERY AFTER SURGERY:
IMPLEMENTING NUTRITION PATHWAYS
IN THE INPATIENT AND OUTPATIENT SETTINGS**



CHELZIA GILLIS
MSC, PhD, RD, CNSC

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Quebec, Canada



DAVID EVANS
MD, FACS

Trauma, Acute Care, Critical
Care Surgeon and Nutrition
Support Specialist OhioHealth
Grant Medical Center,
Columbus, OH

12:00PM-12:15PM	WELCOME/INTRODUCTIONS
12:15PM-1:00PM	Part 1- Define Enhanced Recovery After Surgery (ERAS) and discuss the most recent evidence. Joint presentation by Chelsia Gillis, MCS, PhD, RD, CNSC, and David Evans, MD, FACS
1:00PM-1:10PM	Q&A - BREAK
1:10PM-2:00PM	Part 2- Identify key nutrition-related aspects of (ERAS) and their impact on outcome. Joint presentation by Chelsia Gillis, MCS, PhD, RD, CNSC, and David Evans, MD, FACS
2:00PM-2:45PM	Part 3- Discuss the implementation of nutrition pathways to optimize nutrition in both the inpatient and outpatient settings. Joint presentation by Chelsia Gillis, MCS, PhD, RD, CNSC, and David Evans, MD, FACS
2:45PM-3:00PM	Q&A/ADJOURN

WHO SHOULD ATTEND:

All healthcare professionals are welcome to attend. Program is accredited for nurses and dietitians.

Thursday, June 16, 2022 @ 12:00PM - 3:00PM EDT | [REGISTER HERE](#)

For additional information, please contact: Tiffany Neal, t.neal@abbott.com
For registration questions, contact: The Curry Rockefeller Group, LLC (877) 364-7898

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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CHELSIA GILLIS
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Dr Chelsia Gillis, MSC, PhD, RD, CNSC is a registered dietitian and assistant professor at McGill University. She has expertise in surgical metabolism, surgical nutrition, Prehabilitation, Enhanced Recovery After Surgery, epidemiology, and patient engagement. She received her PhD in epidemiology from the University of Calgary and completed a postdoctoral fellowship on Prehabilitation at McGill University in Montreal, Quebec, where she currently functions as the Nutrition Lead. Dr Gillis has been a collaborator and principal investigator for several Canadian dietetic and nutrition research trials. Her current research includes collaboration to understand which factors influence functional capacity in personalized Prehabilitation for older patients scheduled for colorectal cancer surgery with malnutrition and/or low physical performance. Additionally, Dr Gillis has authored/coauthored many articles in peer-reviewed journals.



DAVID EVANS
MD, FACS

Trauma, Acute Care, Critical Care Surgeon and
Nutrition Support Specialist
OhioHealth Grant Medical Center

David C. Evans, MD, FACS is a trauma, acute care, and critical care surgeon at OhioHealth Grant Medical Center in Columbus, Ohio and Medical Director of the System Nutrition Support Team at OhioHealth, a 12-hospital network. He is also Adjunct Clinical Professor of Surgery at Ohio University. Prior to his current role, he led the nutrition support and trauma programs at The Ohio State University. His interests include nutrition support in surgical and ICU patients and research in surgery and trauma care. He has served as an investigator in multiple clinical trials in critically ill patients focused in the areas of nutrition and infection and is author of over 100 peer-reviewed publications.