

## PROGRAM OBJECTIVES

AFTER ATTENDING THIS CONFERENCE, PARTICIPANTS WILL BE BETTER ABLE TO:

- Review how feeding protocols, providing human milk and probiotics can decrease the risk of necrotizing enterocolitis.
- Assess the literature on individualized infant feedings and the steps needed to implement the practice in the NICU.
- Describe best practices in nutrition that build healthy bones and control reflux symptoms in preterm infants.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Sarah Williams:  
[Sarah.Williams1@abbott.com](mailto:Sarah.Williams1@abbott.com)

Salisa Lewis:  
[Salisa.Lewis@abbott.com](mailto:Salisa.Lewis@abbott.com)

For registration questions, contact  
The Curry Rockefeller Group, LLC  
(866) 320-5806

## REGISTRATION

(ONLINE ONLY)

REGISTER ONLINE, PLEASE VISIT:

<https://info.eatwellglobal.com/nutrition-and-feeding-in-the-preterm-infant>

RN: 4 CE<sub>s</sub>

RD: 4 CPEU<sub>s</sub>

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses



## NUTRITION AND FEEDING IN THE PRETERM INFANT

WEBINAR  
THURSDAY, JUNE 15, 2023  
10:00 AM - 2:30 PM CST

PRE-REGISTRATION REQUIRED

### SPEAKERS

Sharon Groh-Wargo, PhD, RD

Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC

THIS PROGRAM QUALIFIES FOR:  
4 CES FOR REGISTERED NURSES  
4 CPEUS FOR REGISTERED DIETITIANS

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.



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## OUR SPEAKERS



**Sharon Groh-Wargo**  
PhD, RD

Dr. Groh-Wargo has over 40 years of experience as a neonatal dietitian, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is a contributor to all three editions of the Academy of Nutrition and Dietetics' Pocket Guide to Neonatal Nutrition and authored a chapter on "Lactoengineering" for the 3rd edition of "Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities". She participates in the BEGIN Project – Breastmilk Ecology: Genesis of Infant Nutrition - sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.



**Heaven Holdbrooks**  
RN, MSN, PNP, CNS, RNC-NIC

Heaven Holdbrooks is a Clinical Nurse Specialist and a board-certified Neonatal Nurse. She works in a level III NICU in Southern California. Holdbrooks obtained her BSN from the University of California, Irvine, and her MSN from the University of California, Los Angeles. She has worked in the NICU for the past 10 years and is well-versed in quality improvement initiatives. She is passionate about improving the health and well-being of children and their families.

10:00AM-10:10AM	WELCOME/INTRODUCTIONS
10:10AM-11:20AM	Protection Against NEC with the 3 P's <b>Sharon Groh-Wargo, PhD, RD</b>
11:20AM-12:30PM	Individualized Infant Feedings: More Than Just Cue-Based <b>Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC</b>
12:30PM-12:45PM	BREAK
12:45PM-2:00PM	Nutritional Management of the Patient with GERD and Preterm Infant Bone Health <b>Sharon Groh-Wargo, PhD, RD</b>
2:00PM-2:30PM	Q&A/ADJOURN

In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at [www.cdrnet.org](http://www.cdrnet.org).