

## PROGRAM OBJECTIVES

- List 2 ways in which congenital anomalies of the GI tract can contribute to the risk of malnutrition.
- Discuss how human milk can optimize outcomes in the surgical neonate.
- Identify infants and children with cardiac disease who have the highest risk of malnutrition.
- List strategies to optimize nutrition in this challenging population and explore novel approaches when standard interventions fail.

## WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses

## REGISTRATION

(ONLINE ONLY)

RN CE credit: **2**  
RD CPEU credit: **2**

REGISTER ONLINE BY:  
**NOVEMBER 6**

CLICK HERE OR SCAN  
THE QR CODE TO  
REGISTER:



FOR ADDITIONAL  
INFORMATION, PLEASE  
CONTACT:

Aaron Smirnoff:  
aaron.smirnoff@abbott.com

For registration questions,  
contact The Curry  
Rockefeller  
Group at (800) 844-8126



## SPECIAL TOPICS IN PEDIATRIC NUTRITION 2024

**VIRTUAL PRESENTATION**  
**WEDNESDAY, NOVEMBER 13, 2024**  
**12:00 PM PDT - 2:00 PM PDT**

## SPEAKERS

Gina O'Toole, RD, MPH, CLEC, CSPCC  
Heather Erzen, MS, RD, CNSC, LES

**THIS CONFERENCE QUALIFIES FOR:**  
**2 CE<sub>s</sub> FOR NURSES**  
**2 CPEU<sub>s</sub> FOR DIETITIANS**

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity has been prior-approved by the Commission on Dietetic Registration (CDR). CDR credentialed practitioners will receive the specified continuing professional education units (CPEUs) for completion of this program/material.



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## OUR SPEAKERS



### Gina O'Toole

RD, MPH, CLEC, CSPCC

Gina O'Toole is a Neonatal Dietitian at CHOC Children's Hospital. She has played an integral role in the development of the Surgical NICU at CHOC, participated in institutional research, and developed nutritional and feeding guidelines for infants with short bowel syndrome and surgical neonates. Gina has participated in multiple quality improvement initiatives through the Vermont Oxford Network, the Children's Hospital Neonatal Consortium, and the California Perinatal Quality Care Collaborative. Additionally, she has authored the chapter "Short Bowel Syndrome and Intestinal Failure" in the 3rd edition of the Academy of Nutrition and Dietetics, *Pocket Guide to Neonatal Nutrition*. Gina has spoken on local and national platforms regarding nutrition for the premature infants, surgical neonates and short bowel syndrome.



### Heather Erzen

MS, RD, CNSC, LES

Heather Erzen has worked as a Registered Dietitian in pediatrics for over 15 years, including 10 years in the cardiothoracic intensive care unit at Children's Hospital Los Angeles. Her passions include preventing and treating pediatric malnutrition in hospitalized patients, supporting new parents in their lactation goals, and the wonders of micronutrients.

12:00PM - 12:05PM

INTRODUCTION

12:05PM - 12:55PM

**WHO'S WHO IN THE SURGICAL NICU:  
STRATEGIES TO OPTIMIZE NUTRITION IN  
SURGICAL NEONATES**

Gina O'Toole, RD, MPH, CLEC, CSPCC

12:55PM - 1:45PM

**MALNUTRITION IN PEDIATRIC CARDIOLOGY:  
WHO, WHAT, WHEN, HOW?**

Heather Erzen, MS, RD, CNSC, LES

1:45PM - 2:00PM

Q&A PANEL /ADJOURN

Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. If you have questions or concerns about an ANHI program meeting accreditation standards, please contact us or provide feedback to CDR: [QualityCPE@eatright.org](mailto:QualityCPE@eatright.org).