

FREE  
**2.0**  
RN CE  
RD CPEU

INTRODUCING A  
**CONTINUING EDUCATION WEBINAR**  
FROM ABBOTT NUTRITION HEALTH INSTITUTE

# ADAPTING THE NUTRITION-FOCUSED PHYSICAL EXAM TO IDENTIFY ADULT MALNUTRITION IN CRITICALLY ILL PATIENTS WITH OBESITY



**MICHELLE L. SCHNEIDER  
(KOZENIECKI)**  
MS, RD, CNSC, CCTD, FASPEN  
Lead Clinical Dietitian  
Froedtert Hospital  
Milwaukee, WI, USA



**LAURA ANDROMALOS**  
MS, RN, RDN, CSOWM, CDCES  
Labor and Delivery Nurse  
Hennepin Healthcare  
Specializing in Weight Management  
Minneapolis, MN, USA

12:00PM-12:05PM	WELCOME/INTRODUCTIONS
12:05PM-1:00PM	Presentation by: <b>Laura Andromalos, MS, RN, RDN, CSOWM, CDCES</b> <ul style="list-style-type: none"><li>• Discuss the concepts of weight stigma and the obesity paradox</li><li>• Describe how to identify malnutrition in the critically ill patient with obesity</li></ul>
1:00PM-1:50PM	Presentation by: <b>Michelle Schneider (Kozeniecki), MS, RD, CNSC, CCTD, FASPEN</b> <ul style="list-style-type: none"><li>• Identify the key considerations in conducting NFPE for critically ill patients with obesity</li><li>• Demonstrate how to interpret clinical findings and examine NFPE techniques to determine micronutrient deficiencies and diagnose malnutrition in critically ill patients with obesity</li></ul>
1:50PM-2:00PM	Q&A/ADJOURN

**WHO SHOULD ATTEND:** All healthcare professionals are welcome to attend. This program is accredited for Nurses and Dietitians.

Wednesday, September 27, 2023, at 12:00 PM to 2:00 PM EST | [REGISTER HERE](#)

For additional information, please contact: Tiffany Neal, [t.neal@abbott.com](mailto:t.neal@abbott.com)  
For registration questions, contact: The Curry Rockefeller Group, LLC (877) 364-7898

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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**MICHELLE L. SCHNEIDER  
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Lead Clinical Dietitian  
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Milwaukee, WI

Michelle is the Lead Clinical Dietitian at Froedtert Hospital in Milwaukee, WI. She is a certified nutrition support dietitian (CNSC) and certified clinical transplant dietitian (CCTD) and has over 13 years of experience in critical care nutrition. Her main clinical interests revolve around enteral feeding during hemodynamic instability, nutrition in end-stage liver disease, disease-related malnutrition, and micronutrient deficiency. She is passionate about mentorship and fostering a positive and collaborative work environment. Outside of her clinical practice, Michelle has been an NFPE trainer with the Academy of Nutrition and Dietetics, serves on the WiSPEN board of directors, and is an active member of several ASPEN committees. She is well-published and has presented at a variety of local, national, and international programs. Michelle received the Recognized Young Dietitian of the Year award in 2016, the Distinguished Nutrition Support Dietitian – Advanced Clinical Practice Award in 2020, and achieved FASPEN designation in 2021.

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**LAURA ANDROMALOS**  
**MS, RN, RDN, CSOWM, CDCES**

Labor and Delivery Nurse  
Hennepin Healthcare  
Clinical Nutrition Manager (Relief), Sodexo  
Minneapolis, MN, USA

Laura Andromalos has worked from coast to coast as a dietitian, diabetes educator, and nutrition manager since 2009. In 2022, she graduated from nursing school. She is a bilingual labor and delivery nurse at Hennepin Healthcare in Minneapolis, MN where she combines her dual disciplines to support the health of women and newborns. She holds a BS in Nutrition Sciences from Cornell University, an MS in Health Communication from Boston University, and is currently pursuing an MS in Nursing from Capella University. Laura serves as a facilitator for the CDR Certificate of Training in Obesity. She is on the exam committee for the certified diabetes care and education specialist (CDCES) credential and previously served on the exam committee for the certified specialist in obesity and weight management (CSOWM) credential. She has held leadership positions in several professional organizations, including the American Society for Metabolic and Bariatric Surgery, the Weight Management DPG, and the Diabetes DPG. She has presented at conferences around the world and has published articles in scientific journals and consumer-focused magazines.