

PROGRAM OBJECTIVES

AFTER ATTENDING THIS CONFERENCE, PARTICIPANTS WILL BE BETTER ABLE TO:

- Explore self-care techniques that will assist in stress management and improve coworker interactions.
- List the signs and symptoms of reflux and identify ways to support feeding development in infants with GERD.
- Identify one strategy that you will integrate into your daily or weekly schedule to enhance your own well-being.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Christine French, MS, RD, LDN
Christine.French@abbott.com

For registration questions, contact
The Curry Rockefeller Group, LLC
(866) 320-5806

REGISTRATION (ONLINE ONLY)

REGISTER ONLINE, PLEASE VISIT:

RN: 3.5 CE_s

RD: 3.5 CPEU_s

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses



CARING FOR NICU PATIENTS AND YOURSELF 2022

WEDNESDAY, JUNE 8, 2022
8:30 AM - 12:30 PM ET

SPEAKERS

Bonnie F. Gahn, MSN, MA, APRN
Andrea Mangino, MS, CCC-SLP
Pamela Spivey, MSN, CCNS, RNC-NIC

PRE-REGISTRATION REQUIRED

THIS PROGRAM QUALIFIES FOR:
3.5 CONTACT HOURS FOR NURSES
3.5 CPEUS FOR DIETITIANS

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.



www.ahnhi.org
©2020 Abbott Laboratories
20203010/February 2020 LITHO IN USA



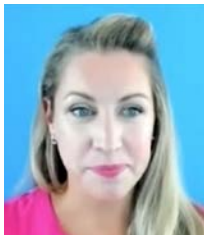
CARING FOR NICU PATIENTS AND YOURSELF 2022

OUR SPEAKERS



Bonnie F. Gahn
MSN, MA, APRN

Bonnie recently retired from the position of manager of Nursing Education for the Abbott Nutrition Health Institute, Abbott Laboratories. However, she continues to work as an educational consultant with ANHI. She also maintains an adjunct professor position at The Ohio State University College of Nursing. She has over 35 years experience in clinical, clinical research, educational and administrative positions within nursing. Her passion is in the NICU and her presentations combine evidence-based research with practical application. She lectures across the country on neonatal clinical topics and professional development topics such as effective communication and intergenerational teams.



Andrea Mangino
MS, CCC-SLP

Andrea Mangino, MS, CCC-SLP, is the Manager of Pediatric Speech Language Pathology at Cohen Children's Medical Center and LIJ Hearing and Speech Center. While there, she developed and continues to improve the pediatric inpatient and outpatient feeding and swallowing program. Andrea is a pediatric specialist in feeding and swallowing disorders with advanced training in clinical/instrumental assessment and management of infant and pediatric dysphagia. She is recognized as an expert in swallowing/feeding across the continuum of pediatric settings, including neonates, medically fragile infants, and children with tracheostomy. Andrea provides lectures on topics including neonatal and pediatric dysphagia, and feeding in the NICU, as well as related topics including speech and swallowing for patients with craniofacial anomalies.



Pamela Spivey
MSN, CCNS, RNC-NIC

Pamela Spivey is an Advanced Practice Registered Nurse and founder of Spivey Consulting, LLC. She shares her 36 years of expertise in neonatal nursing and leadership development as an international speaker, author, and certified leadership coach. Pam launched her own business in 2015 to support individual clients and corporate teams through professional coaching, leadership development, and consultative services. Her unique experiences and passion for caring, drive her to "help nurses away from the wall and toward their possibilities." Pamela has a Master of Science in Nursing from Duke University as well as certification in personal and professional coaching from the Coaching and Positive Psychology (CaPP) Institute, an accredited organization of the International Coaching Federation. Pam is an expert in resiliency practices, sharing her expertise nationally and most recently through her book, *Joyful Journey: Finding Your Way Over the Wall and Toward Your Possibilities*.

8:30AM-8:40AM	WELCOME AND INTRODUCTIONS
8:40AM-9:50AM	Self-Care Practices in Today's Healthcare Environment Bonnie F. Gahn, MSN, MA, APRN
9:50AM-10:00AM	BREAK
10:00AM-11:15AM	Gastroesophageal Reflux Disease (GERD) Challenges and Strategies for Development of Safe Feeding Among Infants Andrea Mangino, MS, CCC-SLP
11:15AM-12:15PM	Time to Refill Your Cup: Strategies to Boost Your Well-Being Pamela Spivey, MSN, CCNS, RNC-NIC
12:15PM-12:30PM	Q&A/ADJOURN
In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at www.cdrnet.org .	