

PROGRAM OBJECTIVES

AFTER ATTENDING THIS CONFERENCE, PARTICIPANTS WILL BE BETTER ABLE TO:

- Describe preventive and management strategies for metabolic bone disease and the four non-pharmacologic treatment options to control reflux in newborns
- Describe the use of therapeutic hypothermia for newborns with hypoxic-ischemic encephalopathy (HIE)
- Summarize and critically review emerging research on the Eat, Sleep, Console method for infants with neonatal abstinence syndrome (NAS)
- Identify nutritional challenges during the first week of life for an extremely preterm infant
- Describe how evidence-based skin care practices can protect the newborn's skin microbiome

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Jacob Mims
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For registration questions, contact The Curry Rockefeller Group, LLC at (866) 320-5806

REGISTRATION

(ONLINE ONLY)

REGISTER ONLINE, PLEASE VISIT:

RN: 6.0 CE_s

RD: 6.0 CPEU_s

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses



NEONATAL STRATEGIES FOR MANAGING INFANTS WITH COMPLEX MEDICAL NEEDS

THURSDAY, AUGUST 18, 2022
8:30 AM - 3:45 PM CT

SPEAKERS

Sharon Groh-Wargo, PhD, RD
Terrie Lockridge, MSN, RNC-NIC, C-ELBW
Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC

PRE-REGISTRATION REQUIRED

THIS PROGRAM QUALIFIES FOR:
6.0 CE_s FOR REGISTERED NURSES
6.0 CPEU_s FOR REGISTERED DIETITIANS

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.



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NEONATAL STRATEGIES FOR MANAGING INFANTS WITH COMPLEX MEDICAL NEEDS

OUR SPEAKERS



Sharon Groh-Wargo
PhD, RD

Sharon Groh-Wargo, PhD, RDN, Professor of Nutrition and Pediatrics at Case Western Reserve University School of Medicine in Cleveland, Ohio. Dr. Groh-Wargo has over 40 years of experience, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is an editor of both editions of the Academy of Nutrition and Dietetics' Pocket Guide to Neonatal Nutrition and is a contributor to the Academy's online Pediatric Nutrition Care Manual. Dr. Groh-Wargo authored a chapter on "Lactoengineering" for the 3rd edition of "Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities." She participates in the BEGIN Project (Breastmilk Ecology: Genesis of Infant Nutrition) sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.



Terrie Lockridge
MSN, RNC-NIC, C-ELBW

Terrie is a Neonatal Clinical Nurse Specialist with 35 years of professional practice devoted to supporting newborns at risk. She has experience in many different aspects of neonatal critical care, including ECMO, postoperative cardiac care, neuroprotection, transport, resuscitation, and stabilization. Terrie received her BSN from Saint Anselm College and her MSN from Boston College. She is a member of the National Association of Neonatal Nurses (NANN), the Academy of Neonatal Nurses (ANN), and past president of the Pacific NW Association of Neonatal Nurses (PNANN). Terrie has been a STABLE Program and Neonatal Resuscitation Program (NRP) instructor since the inception of both curriculums. Terrie is an accomplished author, having contributed to peer-reviewed journals and textbook chapters. Her special interests include neonatal skin care, pain management, and neuroprotection. Terrie currently works as a NICU nurse at a Seattle tertiary center with nearly 10,000 births yearly, and she brings a practical approach to her educational offerings that combines pragmatic clinical information with the latest in evidence-based practice.



Heaven Holdbrooks
RN, MSN, PNP, CNS, RNC-NIC

Heaven Holdbrooks is a Clinical Nurse Specialist working in a level III NICU in Southern California and is board certified as a neonatal nurse. She obtained her BSN at the University of California, Irvine, and her MSN at the University of California, Los Angeles with a clinical focus on Clinical Nurse Specialist and Pediatric Nurse Practitioner. She has worked in the NICU for the past 10 years and is well versed in quality-improvement initiatives. She is passionate about improving the health and wellbeing of children and their families.

8:30AM-8:40AM	WELCOME AND INTRODUCTIONS
8:40AM-10:00AM	Bone and GI Health: Avoiding Sticks, Stones, and Spits Sharon Groh-Wargo, PhD, RD
10:00AM-10:15AM	BREAK
10:15AM-11:15AM	Chill Out: Therapeutic Cooling for Newborns Terrie Lockridge, MSN, RNC-NIC, C-ELBW
11:15AM-12:30PM	The Evolution of NAS Assessment: Eat, Sleep, and Console Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC
12:30PM-1:00PM	LUNCH
1:00PM-2:00PM	First Things First: Nutrition in the Early Weeks of an Extremely Preterm Infant's Life Sharon Groh-Wargo, PhD, RD
2:00PM-2:10PM	BREAK
2:10PM-3:25PM	The Newborn's Microbiome: Impact of Skin Care Practices Terrie Lockridge, MSN, RNC-NIC, C-ELBW
3:25PM-3:40PM	Q&A
3:40PM-3:45PM	WRAP-UP/ADJOURN

In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at www.cdrnet.org.