

OBJECTIVES

AFTER ATTENDING THIS PROGRAM, PARTICIPANTS WILL BE BETTER ABLE TO:

- Describe sources, benefits, and challenges in the clinical utilization of pre and probiotics in the NICU.
- Discuss non-pharmacological and pharmacological approaches to managing infants exposed to maternal opioid and marijuana use during pregnancy.
- Explore self-care techniques that will assist in stress management and improve coworker interactions.
- Identify strategies to individualize the feeding of human milk to high risk newborns.
- Discuss the role of human milk oligosaccharides and their influence on the infant gut microbiome and the prevention of dysbiosis.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

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For registration questions, contact
The Curry Rockefeller Group, LLC
(866) 320-5806

REGISTRATION

(ONLINE ONLY)

REGISTER ONLINE, PLEASE VISIT:

<http://info.eatwellglobal.com/051122-anhi-best-practices-in-neonatal-and-self-care-2022>

RN: 6.0 CE
RD: 6.0 CPEU

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses



BEST PRACTICES IN NEONATAL AND SELF-CARE 2022

WEDNESDAY, MAY 11, 2022
8:30 AM - 3:30 PM ET

PRE-REGISTRATION REQUIRED

SPEAKERS

Sharon Groh-Wargo, PhD, RD
Terry S. Johnson, APN, NNP-BC, MN, CLEC
Bonnie F. Gahn, MSN, MA, APRN

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.



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20203010/February 2020 LITHO IN USA



THIS PROGRAM QUALIFIES FOR:
6 CONTACT HOURS FOR NURSES
6 CPEUs FOR DIETITIANS

BEST PRACTICES IN NEONATAL AND SELF-CARE 2022



Sharon Groh-Wargo
PhD, RDN

Sharon is the Senior Neonatal Nutritionist in the Department of Pediatrics at MetroHealth Medical Center and Professor, Nutrition and Pediatrics, at Case Western Reserve University School of Medicine in Cleveland, Ohio. Dr. Groh-Wargo has over 40 years of experience, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is an editor of both editions of the Academy of Nutrition and Dietetics' Pocket Guide to Neonatal Nutrition and is a contributor to the Academy's online Pediatric Nutrition

Care Manual. Dr. Groh-Wargo authored a chapter on "Lactoengineering" for the 3rd edition of "Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities." She participates in the BEGIN Project – Breastmilk Ecology: Genesis of Infant Nutrition - sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion award in recognition of her professional contributions.



Terry S. Johnson
APN, NNP-BC, MN, CLEC

Terry is a Neonatal Nurse Practitioner with over 35 years of experience in a variety of clinical settings including the NICU, Special Care Nursery, Normal Newborn Nursery and Developmental Follow-Up Services. She was a National Patient Safety Fellow and is a member of the Society of Professionals in Patient Safety. A nationally known speaker and educator, Terry is a frequent presenter at national and international nursing and multidisciplinary conferences. She provides private consultation and educational services to health care systems, infant/family advocacy

groups, and industry partners. Terry is a clinical reviewer of the forthcoming third edition of "Infant Feedings: Guidelines for Preparation of Human Milk and Formula Health Care Facilities," by the Academy of Nutrition and Dietetics. Her clinical interests include the immunobiology of human milk, strategies for the use of human milk in low birth-weight clinical practices, and evidence-based nutritional management of preterm infants.



Bonnie F. Gahn
MSN, MA, APRN

Bonnie recently retired from the position of manager of Nursing Education for the Abbott Nutrition Health Institute, Abbott Laboratories. However, she continues to work as an educational consultant with ANHI. She also maintains an adjunct professor position at The Ohio State University College of Nursing. She has over 35 years experience in clinical, clinical research, educational and administrative positions within nursing. Her passion is in the NICU and her presentations combine evidence-based research with practical application. She

lectures across the country on neonatal clinical topics and professional development topics such as effective communication and intergenerational teams.

WEBINAR	WEDNESDAY, MAY 11, 2022
8:30AM-8:40AM	WELCOME/INTRODUCTION
8:40AM-9:50AM	USE OF PROBIOTICS IN INFANTS Sharon Groh-Wargo, PhD, RD
9:50AM-10:00AM	BREAK
10:00PM-11:10AM	PERINATAL SUBSTANCE USE 2.0: OPIOIDS, NAS, ESC AND LEGALIZATION OF MARIJUANA Terry Johnson, APN, NNP-BC, MN, CLEC
11:10AM-12:20PM	SELF-CARE PRACTICES IN TODAY'S HEALTHCARE ENVIRONMENT Bonnie F. Gahn, MSN, MA, APRN
12:20PM-12:50PM	LUNCH BREAK
12:50PM-2:00PM	FIRST THINGS FIRST: NUTRITION IN THE EARLY WEEKS OF AN EXTREMELY PRETERM INFANT'S LIFE Sharon Groh-Wargo, PhD, RD
2:00PM-2:10PM	BREAK
2:10PM-3:20PM	BIOACTIVITY OF HUMAN MILK: HMO'S AND BEYOND Terry Johnson, APN, NNP-BC, MN, CLEC
3:20PM-3:30PM	Q&A/ADJOURN

In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at www.cdrnet.org.